

# Packing List

## Expedition to Washington, D.C.

Are you ready for your expedition? You are going to have a great time, but good preparation is a must. Traveling is best experienced when you go light. The airlines allow you to bring two suitcases and one carry-on, but we highly recommend just one carry-on and one check-in or just a carry-on for trips 3-6 days. It is very important to call your airline and check their new rules and regulations for what is allowed on board the airplane, or you can check [www.tsa.gov](http://www.tsa.gov) for up-to-date information. You need to be at the airport at least 2 hours before departure. For groups of 35 or more, we recommend 2.5 hours before departure.

Allow extra room in your luggage for any gifts or souvenirs you purchase. We also suggest that you write your name and address on the inside of your suitcase. Put things you might need on the first day into your carry-on. Make sure to keep your money and ID with you during the entire trip.

### **CLOTHING**

*Remember that you are a representative of the Christian community, and modesty and respect for our country is perceived even in the way you dress.*

- Comfortable clothes for daily activities, such as jeans, capris and t-shirts (if approved by group leader)
- Avoid metal belts or studs as they will set off metal detectors
- Comfortable walking shoes are necessary as you will be doing a lot of walking
- Light jacket or sweater
- Warm jacket, gloves and scarf (Jan – Mar)
- Umbrella or rain jacket
- Joshua Expeditions t-shirt (to be worn on the 1<sup>st</sup> day of trip)
- If your group is participating in a Wreath Laying Ceremony at the Arlington National Cemetery, the students laying the wreath will need to wear Sunday dress, with dress shoes.

### **ACCESSORIES**

- Bible, journal and pen
- Travel alarm clock and/or watch
- Toiletries
- Camera
- Memory cards
- Camera and phone chargers
- Sunscreen (SPF 20 or higher)
- Small backpack
- Reusable water bottle

## CLIMATE

Weather in D.C. can be variable, so be prepared for a variety of conditions. Especially during the spring and fall months, you can have sunny pleasant days in the 40s to 60s followed by SNOW! In the weeks before your trip, check the weather forecast for your destination by visiting the *Travel Lounge* on our website at [www.joshuaexpeditions.org](http://www.joshuaexpeditions.org) and clicking on Travel Links.

Average highs:	Jan- 43°	Feb- 46°	Mar- 55°	Apr- 67°
Average lows:	Jan- 28°	Feb- 30°	Mar- 37°	Apr- 46°
Avg. precipitation:	Jan- 2.8"	Feb- 2.6"	Mar- 3.4"	Apr- 2.8"
Avg. snow:	Jan- 5.3"	Feb- 5.3"	Mar- 2.1"	Apr- --

## MEDICATIONS

If you have a prescribed medication, you must provide your group leader with a copy of the prescription. All medications must be in their original containers. *Do not combine medications in the same bottle.*

**Don't forget to wear your Joshua Expeditions t-shirt on the first day of your expedition!**