

Packing List

Marine Science Expedition



Are you ready for your expedition? You are going to have a great time, but you must prepare. In the weeks before departure, check the weather forecast for your destination by visiting the *Travel Lounge* of our website at www.joshuaexpeditions.org and clicking on Travel Links. Weather can be very unpredictable, so be prepared for a variety of conditions.

Pack comfortable, lightweight clothes and the following items:

CLOTHING

- Clothes for daily activities, such as jeans, capris and t-shirts (if approved by school/group leader)
- Comfortable walking shoes
- Sandals/Flip-flops
- Watershoes
- Light jacket
- Umbrella or rain jacket
- One-piece modest swimsuit and towel
- Joshua Expeditions t-shirt (to be worn on the 1st day of trip)

ACCESSORIES

- Bible, journal and pen
- Toiletries
- Sunscreen (SPF 20 or higher)
- Bug spray
- Personal appliances tend to be bulky, so you may want to share them with a friend
- Camera, film and/or extra memory cards (*disposable cameras and film can be very expensive in tourist areas*)
- Extra batteries
- Flashlight
- Travel alarm clock and/or watch are also a good idea
- Games/activities/approved movies for bus rides
- Packaged snacks
- Water bottle
- Snorkel & Mask (*optional*)
- Spending money (*Debit/Credit Card with a PIN for withdrawing cash*)
- Necessary medications with proper labels – do not combine medications into one bottle.
Be sure to give your group leader a copy of your prescriptions.

Allow extra room to bring back any gifts or souvenirs you purchase. We also suggest that you write your name and address on the inside of your suitcase.

Put things you might need on the first day into your carry-on. Make sure to keep your money and ID with you during the entire trip.