

# Packing List

## Traveling in Europe

Remember that you are responsible for carrying your own luggage, so packing light is important. Also keep in mind that you will probably need some room for souvenirs on the return trip!

Your school may have requirements on dress codes. Consult your group leader to ensure that everything you plan to bring is appropriate and acceptable. Keep in mind that some religious sites require you to wear shirts that cover the shoulders and arms, and often they do not allow short skirts or flip-flops. Knees must also be covered. Your JE guide will direct you as to which days this type of dress will be necessary.

### CLOTHING

- Comfortable walking shoes are VERY important!
- Shirts (both short- and long-sleeved)
- Shorts / Pants / Jeans
- Socks and Undergarments
- Pajamas
- ONE-piece swimsuit (if applicable)
- “Dressy” outfit (for a special night out)
- Raincoat and/or umbrella
- Lightweight nylon jacket or warm-up top (rather than big sweaters)

### TOILETRIES / PERSONAL ITEMS

- Toothbrush and Toothpaste
- Shampoo/Conditioner
- Soap
- Deodorant
- Hairbrush/Comb
- Sunscreen and Sunglasses
- Medications and a copy of prescriptions
- Spare set of contact lenses/glasses (if applicable)
- Bible, Pen, and Journal/Notebook

### MONEY

- ATM card – *Call your bank prior to departure to alert them of the trip and the destinations you will be visiting. Foreign purchases sometimes result in a hold on bank accounts.*
- You will need something for storing money and your passport underneath your clothing.

### ELECTRONICS

- Alarm clock (many hotel rooms do not have them)
- Electricity adapter/converter (available at travel stores)
- Camera with ample batteries, film and memory cards (batteries can be expensive abroad)

### DOCUMENTS

- Passport – Remember to bring a couple photocopies of your passport in case it is lost. Leave another copy at home.
- Student ID – This may help you obtain lower entry fees to some activities.
- Copies of all prescriptions – Customs officials may want to verify that a container's contents match its label, so all medication should be carried in original containers.