

Packing List

Mexico Expedition



Are you ready for your expedition? You are going to have a great time, but you must prepare. In the weeks before departure, check the weather forecast for your destination by visiting the *Travel Lounge* of our website at www.joshuaexpeditions.org and clicking on Travel Links. Weather can be very unpredictable, so be prepared for a variety of conditions.

Pack comfortable, lightweight clothes and the following items:

CLOTHING

- Work clothes for ministry days in the local community, along with an outfit to change into after you've cleaned up at the hotel at day's end
- Tennis shoes with a good grip (for hiking)
- Closed-toe shoes for ministry days (tennis shoes are acceptable)
- Sandals with heel straps (ex: Tevas, Chacos) for the beach, rough ground and hiking in warmer weather
- Sweatshirt or light jacket for cool nights
- Rain parka or jacket
- Hat or cap
- Sunglasses
- One-piece modest swimsuit and towel
- Plastic bags for dirty and/or wet clothes

ACCESSORIES

- Passport and a copy of your passport
- Bible, journal and pen
- Toiletries
- Washcloth (many hotels will not provide washcloths)
- Sunscreen (*SPF 20 or more – if you are going to Xcaret, please bring oil-free sunscreen*)
- Snorkel and Mask (for beach activities)
- Wet Wipes for all types of activities
- Personal appliances tend to be bulky, so you may want to share them with a friend.
Note: there are hairdryers in the hotel at Cancun.
- Strap for glasses (for hiking)
- Camera, film and/or extra memory cards (disposable cameras and film are very expensive in Mexico)
- Batteries or charger
- Mosquito repellent
- Work gloves and goggles or protective eyewear for ministry days
- Water bottle (1 litre)
- Travel alarm clock and/or watch are also a good idea
- Games/activities/approved movies for bus rides
- Packaged snacks
- Spending money (*Debit/Credit Card with a PIN for withdrawing cash*)
- Necessary medications in original containers with proper labels – do not combine medications into one bottle.
Be sure to give your group leader a copy of your prescriptions.

Allow extra room to bring back any gifts or souvenirs you purchase. We also suggest that you write your name and address on the inside of your suitcase.

Put things you might need on the first day into your carry-on. Make sure to keep your money and ID with you during the entire trip.